

CYSL LOCAL RULES OF COMPETITION

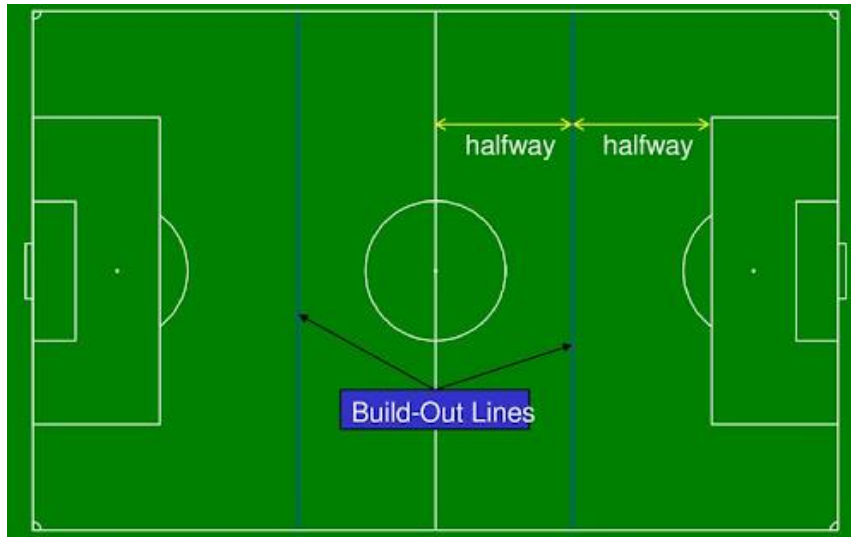
Revised: 9/6/21

<u>AGE</u>	<u>LENGTH</u>	<u>PLAYERS</u>		<u>BALL</u>	<u>PENALTY</u>	<u>SLIDE</u>	<u>HEADING</u>
		<u>MIN</u>	<u>MAX</u>		<u>KICKS</u>	<u>TACKLES</u>	<u>BALL</u>
U6 U7	4 - 10 min.	4	6	3	IFK at PA line	N	N
U8	4 - 10 min	5	7	3	IFK at PA line	N	N
U9 U10	4 - 12 min	5	7	4	PK	N	N
U11	2 - 30 min	7	9	4	PK	N	N
U12	2 - 30 min	7	9	4	PK	Y	N
U15	2 - 30 min	9	11	5	PK	Y	Y

- SUBSTITUTIONS** Unlimited. May substitute at any stoppage in play.
- TEAMS** Except U6 and U7, each team's bench area is two yards back from touch line and extends 10 yards from midfield line. Players and coaches should not be anywhere else. Only two coaches allowed with team.
- SPECTATORS** Spectators should be on the opposite side of the field from the teams, at least 2 yards back.
- EQUIPMENT** Commercially manufactured shin guards covered by socks. No jewelry, watches, barrettes, or headgear such as bandannas, wide headbands, etc. Headbands 2" wide or less are okay. No metal, rough, or sharp cleats. No toe cleats. Players wearing orthopedic casts, air or metal splints must give to the referee a written approval form, signed by a CYSL Board member, prior to the start of the game to be able to play.
- FOULS**
- For first 3 weeks of season, a second chance shall be given on throw-ins for U6, U7, and U8.
- No penalty kicks in U6, U7 and U8. Award indirect free kick on the penalty area line with opposing players 4 yards away.
- When the ball is touching goalkeeper, no one can attempt to play the ball (unless the GK is dribbling it during normal course of play).
- Written report must be made for red cards.
- Caution players, coaches, or substitutes for incidental vulgar or profane language.
- GOAL KICKS** For U6, U7 and U8, goal kicks may be taken anywhere in penalty area.
- SPECIAL RULES**
- No mandatory playdown rule (i.e., if one team has 9 players and the other only 7 players, the team with 9 players does not have to play with 7).
- U6 and U7 - No goalkeepers. No offside but players cannot be intentionally placed in offside position to gain an advantage. No penalty kicks or direct kicks. Foul in the penalty area, IFK at penalty area line. Free kicks and corner kicks - opposing players 4 yards away.
- U8 - No offside but players cannot be intentionally placed in offside position to gain an advantage. No penalty kicks or direct kicks. Foul in the penalty area, IFK at penalty area line. Free kicks and corner kicks - opposing players 4 yards away.
- U7 through U9 - Warn or caution a player who infringes on obvious goal scoring opportunity (No red card for 1st offense).
- DANGEROUS PLAYS** Award an indirect free kick: High kicks above the waist and near an opponent, players kicking near someone who has fallen down, (The foul is called on the person who kicks), attempting to play the ball when the goalkeeper is touching it, slide tackles in U11 and below, and deliberate heading the ball in U12 and below.

CYSL Build Out Lines

A build out line is a **physical line** painted across the field from sideline to sideline. The build out line is placed equidistant between the penalty area line and the halfway or center line (except U8 where the build out line is the halfway line), as shown below:



The purpose of the build out line is to promote player development - allowing a team to play the ball out of the back in a pressure-free (or less pressured zone) at the start of goal kicks and when goal keepers have possession of the ball.

Once a goal kick has been called by the referee or once the goalkeeper takes possession of the ball, the defending team (**the team without the ball**) should immediately run behind the build out line.

No player of the defending team may cross the build out line until the ball has been put back into play and the ball has left the penalty area. When the goalkeeper is in possession of the ball, the goalkeeper may put the ball in play at any time and they do NOT have to wait until the defenders are all behind the build out line first.

For **U9 and U10**, the build out line, and not the halfway or center line, is used to denote offside violations. In other words, an attacker cannot be penalized for offside in the zone between the halfway line and the build out line, **only** in the zone between the build out line and the end line (goal line.) There is no offside called in U7/U8.

For **U9 and U10**, goalkeepers may not punt or drop kick the ball. The referee will call this a penalty, resulting in an indirect kick for the opposing team.

The no punting rule is intended to encourage teams to use their foot and passing skills to play the ball up from the back of the field, to not simply give possession of the ball to the opposing team, and finally to discourage heading the ball at the U9-U10 ages.